# Annual Report 2024-2025 Learning and Ideas for Tibet (LIT)

McLeod Ganj, Dharamshala – H.P (India)

[Registered under Himachal Pradesh Societies Act 2006 with registration no 02/2011/SDM-MC]

Annual Activity Report 2024-2025

#### **About Us**

Learning and Ideas for Tibet (LIT) is a registered non-profit charity dedicated to offering free education to Tibetan refugees. Our mission is rooted in the belief that education and meaningful conversation are fundamental to sustaining Tibetan culture and identity—especially in light of the hardships Tibetans continue to face under Chinese occupation. Through our diverse educational programs, we aim to empower marginalized Tibetans by equipping them with essential tools and skills. Our platform brings together Tibetans and supporters from around the world, cultivating a space where ideas and resources can be exchanged to support the Tibetan cause and envision a stronger, more resilient future for the community.

#### **Our Mission**

Learning and Ideas for Tibet (LIT) is committed to empowering the Tibetan community through:

- Free Education: Enhancing knowledge and skills for Tibetan refugees and local community members.
- Community Empowerment: Facilitating grassroots initiatives for positive social change.
- Economic Opportunity: Creating sustainable employment pathways for the local and Tibetan community.
- Health and Wellness: Connecting Tibetan refugees with accessible healthcare services.

# **Programs Offered**

- Financial Aid for Destitute/Vulnerable Tibetan People
- Oral Story Sharing
- Environmental Sustainability Initiatives
- Basic English Class
- English Grammar Class
- Online English Class
- Spoken English Class
- Reading Class

Extra English Tuition by Director at Nearby Nunnery

Activities Conducted in 2024-2025

# 1. Help to Destitute/Vulnerable Individuals

LIT has organized and distributed monetary aid to vulnerable Tibetan refugees, reaffirming our dedication to improving the living conditions of those most in need. We've extended financial support to destitute individuals in Dharamshala, offering a helping hand to uplift their lives and ease their hardships. Through these efforts, we strive to make a tangible difference for the most vulnerable in our community.



# 2. Oral Story Sharing

"Preserving Heritage, Bridging Cultures"

In partnership with "Stories of Tibet," Learning and Ideas for Tibet (LIT) hosted weekly oral story-sharing sessions. Every Tuesday, from 4 PM to 6 PM, senior students engaged with tourists, exchanging personal stories and fostering cross-cultural empathy and understanding.





#### Benefits:

- Preserved Tibetan heritage through storytelling
- Enhanced speaking and listening skills for students
- Promoted cultural exchange and global understanding

# 3. Environmental Sustainability Initiatives

"Clean McLeod Ganj, Green Tibet"

Learning and Ideas for Tibet (LIT) launched a town-wide cleanliness drive in McLeod Ganj, addressing pressing local environmental issues.

#### Our team:

- Cleaned blocked water lines and removed garbage
- Educated locals and tourists on maintaining clean surroundings
- Fostered community responsibility and environmental awareness
   Impact:
- Improved town aesthetics and hygiene
- Encouraged sustainable practices among residents and visitors
- Demonstrated LIT's commitment to environmental stewardship

## 4. English Language Classes

Learning and Ideas for Tibet (LIT) provides comprehensive English language courses catering to diverse student needs:

**Course Offerings** 

- 1. Basic English Class
  - Phonetics, sounds, and grammar fundamentals
  - Small groups based on English proficiency
- 2. English Grammar Class
  - Advanced students: 2-hour daily sessions
  - Enhanced speaking, writing, listening, and comprehension skills
- 3. Spoken English Class with volunteers
  - Verbal communication and vocabulary development
  - Guided group discussions and conversation practice
- 4. Reading Class: Exploring Buddhist Wisdom
  - Based on "The Words of My Perfect Teacher" by Patrul Rinpoche (Zapatrul)

- Director-led sessions to improve reading skills and understanding of Buddhist principles













# 5. Online Classes

In response to the COVID-19 pandemic, LIT transitioned to online platforms like Zoom, WhatsApp, and the LIT app. These classes enabled students to continue their education from remote locations, including monasteries in India and Nepal. Although physical classrooms

remain more effective, online learning has allowed students to maintain their progress and explore digital tools. LIT collaborates with international teachers and pairs students with individual foreign conversation partners. This initiative fosters:

- Cultural exchange and global perspectives
- Improved language fluency and pronunciation
- Enhanced communication skills and confidence







# **Benefits**

- Continued education from remote locations, including monasteries in India and Nepal
- Maintained progress despite physical distancing constraints
- Introduced students to digital tools and skills
- Enhanced flexibility and accessibility

# 6. Extra English Tuition by Director at Nearby Nunnery

During the August monsoon season, LIT closed temporarily for two weeks due to severe weather conditions. Our whole area had been flooded. While our students and staff worked tirelessly to clean and restore the facility, our director spearheaded an innovative initiative.





# 7 Teaching Beyond Borders

Our director spearheaded an inspiring initiative, extending LIT's educational reach beyond our walls. For two weeks, he dedicated an hour daily to teaching extra English classes at two nearby nunneries:

- Gaden Choeling Nunnery
- Dolma Ling Nunnery

These specialized classes focused on:

- Spoken English fundamentals
- Effective communication techniques
- Workshop on spoken English tricks and tips





## **Benefits**

- Continued learning for LIT students and nunnery residents
- Enhanced community engagement and outreach
- Demonstration of LIT's commitment to education beyond our walls

# 8 Free Winter Tuition Program for Local School Kids

This year, we extended our winter tuition program to provide additional learning opportunities for nearby school kids, completely free of charge. Throughout the month of February, our dedicated team delivered engaging lessons in:

- English language skills

- Arts and creativity
- Essential life skills

By investing this extra month, we aimed to make a positive impact on the educational journey of these young minds, regardless of their financial background.







Director's Message

Dear Friends and Supporters,

As we reflect on another year of growth and service, I am filled with gratitude and pride for the remarkable work of Learning and Ideas for Tibet (LIT). Our mission to provide education, healthcare, and financial assistance to the Tibetan refugee community remains unwavering.

Through innovative programs and partnerships, we have made significant strides in:

- Enhancing language skills and cultural preservation
- Promoting environmental sustainability and community engagement
- Fostering global connections and understanding

Our dedicated team, volunteers, and supporters have been instrumental in driving this impact. I extend heartfelt thanks to each of you for your trust, generosity, and commitment.

As we look to the future, we remain committed to:

- Expanding educational opportunities for marginalized communities
- Advancing cultural exchange and understanding
- Empowering individuals with knowledge, skills, and resilience

Together, let us continue to uplift and inspire the Tibetan community. Your support is crucial to our success.

Thank you.

Tsering Norbu

We extend heartfelt gratitude to our:

- Dedicated Volunteers
- Generous Donors
- Loyal Supporters

Together, we are creating a brighter future for Tibetans. Your contributions have been invaluable to LIT's success.

For more information, contact:

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